

# DESTINY HARVEST CENTRE

www.destiny.co.za email@destiny.co.za  
Cell leaders material / Selleier se materiaal

## Life's Healing Choices – Part 2

### *The Hope Choice.*

31 - 01 - 2010

#### 1) Welcoming / Verwelkoming

(15 Minutes / Minute)

Icebreaker / Ysbreker.

#### 2) Works / Werke

(10 Minutes / Minute)

This must be concluded before discussion / facilitation of the Word / Hierdie moet afgehandel word voor die bespreking / fasilitering van die Woord:

#### Discuss / Bespreek:

At Destiny we do Church as a Team. Discuss what images come to mind? Give a list of actions that you - as a cell member - can make in order to become a team player.

#### 3) Praise and worship / Lofprysing en aanbidding

(20 Minutes / Minute)

#### 4) The Word of God / Die Woord van God

(40 Minutes / Minute)

Matthew 5:4 "Blessed are those who mourn, for they will be comforted."

Ezekiel 28:2 "In the pride of your heart you say, 'I am a god.' But you are just a man and not a god, though you think you are as wise as a god." (NIV)

Rom 7:15 + 18 "I don't understand what I do. What I want to do I don't do, but what I hate to do, I do! I know that nothing good lives in my sinful nature. I have the desire to do what is good, but I cannot carry it out."

Romans 8:34 "Who then will condemn us? Will Christ? No! For he is the one who died for us and came back to life again for us and is sitting at the place of highest honor next to God, pleading for us there in heaven." (TLB)

Psalms 86:15 says "But you, O Lord, are a compassionate and gracious God, slow to anger, abounding in love and faithfulness." (NIV)

2 Corinthians 1:3 God is the Father who is full of mercy and all comfort. (NCV)

Psalms 23:4 "Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me." (NIV)

Romans 3:23 "For all have sinned; all fall short of God's glorious standard." (NLT)

Psalms 119:76 "May your unfailing love be my comfort."

Jeremiah 31:3 "I love you with an everlasting love. So I will continue to show you my kindness." (GW)

Isaiah 40:28-31 "Have you never heard or understood? Don't you know? That the Lord is the everlasting God, the creator of all the earth? He never grows faint or weary. No one can measure the depths of his understanding. He gives power to those who are tired and worn out; he offers strength to the weak. Even youth will become exhausted, and young men will give up. But those who wait on the Lord will find new strength. They will fly high on wings like eagles. They will run and not grow weary. They will walk and they will not faint." (NLT)

### **Question 1 / Vraag 1:**

**What is the root of many problems and sins in our lives?**

**(Cell leaders key / Selleier se sleutel)**

Facilitate: Open discussion / Fasiliteer: Ope bespreking.

**Ezekiel 28:2** Our oldest temptation is the temptation to play God. It goes all the way back to the garden of Eden when Adam was tempted to eat the fruit that God says this is the one choice I'm giving you - don't eat this. Then Satan comes and says, "If you eat this you'll be a god, or like God, (Hebrew for this phrase - Elohiym – Supreme God, divine...)" We discovered that this is the root cause to many of the problems and sins that keep popping up in our lives, making us miserable and unhappy. We found out that it was 'playing God'. When I act like I'm God and I'm going to make my choices instead of doing what God tells me to do, I'm going to have problems in my life. We are not God; God is God. We can be like Him, but we cannot be Him. If we were God, then we could sort everyone's problems out.

### **Question 2 / Vraag 2:**

**According to Matt 5:4, we need to develop an attitude of mourning. What does God mean when He says that we must mourn and what are we to mourn about?**

**(Cell leaders key / Selleier se sleutel)**

Facilitate: Open discussion / Fasiliteer: Ope bespreking.

The 'Hope' for comfort in this life is a path that is totally opposite from that of the world, to mourn! If we want to be happy despite the circumstances that rage, we have to develop an attitude of mourning. For those who 'mourn', will be comforted. You and I need to make the "Hope Choice"; we need to decide to put our hope in His divine ability to "comfort" us, as He is the God of all comfort! In order to activate the kind of comfort that only God can give, we have to "mourn"!

**We mourn over sin and despise it. We see sin the way God sees it and seek to treat it the way God does. Those who cover sin or defend sin certainly have the wrong attitude.**

(Wiersbe, W. W. 1996, c1989. *The Bible exposition commentary. "An exposition of the New Testament comprising the entire 'BE' series"--Jkt. Victor Books: Wheaton, Ill).*

### **Question 3 / Vraag 3:**

**How does God give us comfort and hope and what do we need to do in order for us to receive it?**

**(Cell leaders key / Selleier se sleutel)**

Facilitate: Open discussion / Fasiliteer: Ope bespreking.

#### **1. See who God really is.**

**Romans 8:34; Psalm 86:15; 2 Corinthians 1:3.** That's where it starts. You see who God really is. How do I know that I can trust God to comfort me? I only know that if I see him for whom he really is. What's God really like? Who is God? We could spend weeks talking about that. Who is God really? God is really a God of compassion. He is the Father who is full of mercy and all comfort.

#### **2. I have to see who I really am.**

**Romans 3:23.** One of the things I have to see about who I really am, I am broken. That's who I really am. I am broken. As much as we know this is true, there is something in every one of us that wants to hide from that truth; just wants to pretend that it's not there and cover it over instead of just being honest about it. I don't know about you but I spend way too much of life and time and energy hiding from just this simple truth - I am broken.

#### **3. I've got to see how God can change me.**

**Isaiah 40:28-31.** In Isaiah 40, there are some great verses in this regard. It's a chapter all about how God comforts us. The prophet starts the chapter with this statement: Isa 40:1 Comfort, comfort my people, says your God. (RSV) At the end here's what God says about the kind of power that he wants to give into your daily life. It's not all on your shoulders. You want to have hope; you realize that God's power to change is God's power to change. It's not me changing for God. It's God changing me through his power. It's hoping in him.

**Please pray** for the needs in the cell group / **Bid asb** vir die behoeftes in die selgroep.

Cell leaders material compiled by Pastor Marc Bredekamp.  
Selleier se materiaal saamgesit deur Pastoor Marc Bredekamp.